Radiation Protection / Health Physics

Contents:

- 1. Fundamentals of nuclear and radiation physics
- 2. Dose quantities and units
- 3. Detriment of ionizing radiations, regulatory control of sources and activities
- 4. Measurement of ionizing radiations
- 5. Natural and artificial radioactivity, radioactive wastes
- 6. Procedures and practices of radiation protection

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INTRODUCTION TO

Health Physics

FOURTH EDITION

References

Downloadable textbook; Pdf version of the lectures of the previous courses are downloadable from INT website; Pdf version of the present course will be downloadable before the tests.

Timetable

Lectures: 2x1 contact hours in the academic period Tests (non-compulsory) 25th March and 20th May; if not taken, exam (=test) is due in the exam period

Radioactivity and ionizing radiations

In the course of radioactive decay the structure of the **atomic nucleus** changes. DECAY = new internal structure is established, the new nucleus is stabilized by emitting particle radiation(s).





Historical milestones:

- Wilhelm Conrad Röntgen (1895-96) identified high energy photon radiation on the wall of cathode ray tube as a consequence of electron acceleration.
- Henri Becquerel (1896) examined uranium and experienced blackening of a photographic paper in total darkness; he identified it as a consequence of invisible radiation.
- Pierre and Marie Curie (1898) chemically separated elements from the decay chain of natural uranium stating that their radiation is not influenced by physical or chemical conditions.
- Ernest Rutherford (1911) examined the ionizing capabilities of particles from nuclear decay and distinguished (at least) two types: α and β radiation; scattering of α particles confirmed that atoms do not fill the space completely, instead, the vast majority of their mass in concentrated in a very small volume, the atomic nucleus.

Structure of atomic nucleus:

built up from nucleons (protons and neutrons) Nuclei are compound particles of10⁻¹⁵ m (fm) size.

Number of protons (Z):

- defines the atomic number of the element, determines the chemical behaviour;

- protons are positively charged, REST MASS of it (m₀) is equivalent with **938.2 MeV** ($E=m_0.c^2$ – Einstein's principle of equivalence). Number of neutrons (N): neutrons are not charged, m₀ = **939.5 MeV.** Unstable in standalone state, decays with 10.4 m half-life.

 $n \rightarrow p^+ + e^- + E_{kin}$ $E_{kin} = 0.8 \text{ MeV}$ **Mass number**: A = Z + N **Binding energy** = <u>mass defect</u> = the virtual mass of an atom is always smaller that of the sum of the respective number of nucleons



6 electrons

Nucleons are *hadrons*: they consist of quarks



Proton: u+u+d Neutron: u+d+d



$$\Delta E = \Delta m \cdot c^2$$

Number of protons (Z): = atomic number – defines chemical characteristics Number of neutrons(N):

Mass number: A = Z + N

Nuclides = atomic nuclei: compound particles having a given number of protons and neutrons.

A nuclide can be **stable** or **unstable** = **radioactive**

Nuclides have different excitation states (energy states). $^{16}_{8}O$ **Notation:** mass number and sign of element ^{16}O (O = 8 protons)

Protons and neutrons of a nucleus can be odd (o) or even (e) – it has a major influence on stability:

162 e, e	
59 e, o	
49 o, e	stable nuclides exist.
5 O, O	



AN ELEMENT HAS ONE OR MORE **ISOTOPES**:



Hydrogen isotopes: hydrogen, deuterium, tritium

Iron has 26 protons, neutrons range from 26 to 35.



Binding forces in nuclei

- Nuclear forces are the strong and weak interactions. They differ from "macroscopic" forces because they are:
- a) Attracting, 100 times more intense than electric forces,
- b) Independent of charge,
- c) Short range, die away beyond 1.4 fm distance,
- d) Saturable = one particle can interact only with a few other in its vicinity
- NUCLEAR MODELS: liquid drop, shell, cluster collective model (hierarchy of particles inside a nucleus)
- http://www.personal.soton.ac.uk/ab1u06/teaching/phys3002/course/05_ shell.pdf
- Nuclear particles are also affected by "macroscopic" forces (mass attraction, electric and electromagnetic attraction and distraction).

Grouping of elementary particles

- According to spin: <u>fermions</u> (half spin: proton, neutron, electron) and <u>bosons</u> (integer spin: photon)
- According to interactions: particles with ability for strong and weak nuclear interaction (<u>hadrons</u>: consist of <u>quarks</u> [baryons, mesons]) or particles with weak interaction only (<u>leptons</u>: electron, muon, neutrino)
- Fermions: Pauli-principle: atoms cannot have 2 fermions in the same state
- Bosons: "field"-components, mediators of interactions (quarks interact by means of gluons)

"Stability curve" – binding energy per nucleon







"Belt of stability" of isotopes



As the number of protons increase, more neutrons are required for compensating for the distractive force of the near positive charges

Source of picture:

http://chem.libretexts.org/Core/Physical _and_Theoretical_Chemistry/Nuclear_C hemistry/Nuclear_Stability_and_Magic_ Numbers



Basic equations of radioactivity

$$dN = -\lambda \cdot N \cdot dt$$

N: number of identical decayable nuclides [piece] λ : decay constant = probability of decay per time period [1/s] t: time A: activity [1/s ; Becquerel; Bq] T_{1/2}: half-life [s]

$$A = \left|\frac{dN}{dt}\right| = \lambda N$$

After integration of this "probabilistic" differential equation we receive:

$$N = N_0 \cdot e^{-\lambda t} \qquad A = A_0 \cdot e^{-\lambda t} \qquad T_{1/2} = \frac{\ln 2}{\lambda}$$

Serial decay: parent and descendant nuclides

$$\frac{dN_2}{dt} = -\lambda_2 \cdot N_2 + \lambda_1 \cdot N_1$$

"Secular" equilibrium: if the decay rate (=activity) of the parent is much smaller than that of the descendant the activity of the latter will reach (but cannot exceed) the activity of the former.

 $A_2 \approx A_1$

Decay modes

$$\Delta E = \sum_{p} (E_m + E_{kin}) + E_{bs}$$

p: particles emitted in the decay

m: rest (zero kinetic energy) mass

E_{kin}: kinetic energy

E_{bs}: backscatter energy of the "new" nucleus

Decay modes = cessation of a previously generated excited nuclear state ≠ nuclear reaction !

 α , β ("directly" ionizing radiations)

 γ ("satellite" decay mode: conclusion (termination) of other decay modes, "fine tuning" of nuclear structure – electromagnetic interaction)

f (fission = spontaneous nuclear fission, dismemberment of nucleus into two parts + emission of neutrons)

Decay modes – alpha decay

- In <u>α-decay</u> the initial (parent) nucleus emits a helium nucleus (2p + 2n; 2 positive charges) with 3 -10 MeV kinetic energy. In the descendant nucleus the mass number decreases by 4, protons decrease by 2. It is driven by the strong nuclear interaction.
- "Discrete" energy transition: E_{kin} is exclusively characteristic to the given radioisotope but distributed between the α -particle and the backscattered nucleus.
- Spectrum: Number of emitted (detected) particles as a function of kinetic (incident) energy.

Decay modes – alpha decay



"Tunnel effect": the potential barrier (attractive force that holds back the nuclear particles in the nucleus) can be tunnelled incidentally = in a probabilistic manner.

http://www.nature.com/physics/looking-back/gurney/index.html#f1

Energy structure of α-decay



Alpha radiation: discrete energies

Spectrum: intensity of a radiation versus energy of particles



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Decay modes – beta decay

Beta decay is a hadronic transformation governed by the weak nuclear interaction. Kinetic energy is stochastically distributed between the electron/positron and the antineutrino/neutrino. Thus the kinetic energy is not discrete.

1) β^{-} : electron and antineutrino are emitted $n \rightarrow p^+ / + e^- + \tilde{v}$: atomic number increases by 1

2a) β^+ : positron and neutrino are emitted $p^+ \rightarrow n / + e^+ + v$: atomic number decreases by 1 $e^{-} + e^{+}$ collision \rightarrow annihilation = 2 photons of 0.51 MeV are emitted

2b) EC = electron capture - neutrino is emitted $p^+ + e^- \rightarrow n / + v$: atomic number decreases by 1 The "captured" electron is supplied from an outer shell – satellite characteristic X-ray radiation is generated



$$e^+ + e^- = 2f$$





Beta decay series of isobar nuclei



Source of picture: http://physicsdatabase.group.shef.ac.uk/ phy303/phy303-4.html

Due to the higher stability of even number of protons and neutrons in a nucleus odd-A isobar series have 1 stable item while even-A series may have more.



Beta radiation: continuous energy distribution = spectrum



Decay modes – gamma transition

Gamma transition: de-excitation of hadronic particles = "rest" energy released by emitting photons following an alpha or beta decay. γ-transition = "fine tuning" of nuclear structure following alpha or beta <u>decay</u>. Nuclear reactions (collision of particles) also can generate <u>prompt</u> gamma photons.

Photon energies are discrete = difference of initial and final energy levels of hadronic particles \rightarrow characteristic to decaying nuclide \rightarrow facilitates nuclear identification.

De-excitation of hadronic particles (mostly with large atoms and low "rest" energy Eγ<2-300 keV) can also result in the emission of an electron from an internal spheric (K or L) shell as an alternative to γ-emission. (These electrons have a certain probability to be located "inside" the nucleus.) This is *internal conversion* (IC) that is necessarily followed by the emission of characteristic X-(Röntgen)-photons.

 $E_{\gamma} \Rightarrow E_{e-,kin} + E_{e-,shell}$

The energy of the *conversion electron* is <u>discrete</u> – elemental identification of the decay product is possible.



Beta decay and consecutive gamma^{CORONA} transition



General structure of gamma transitions following alpha or beta decay





Two types of beta decay and CORONA consecutive gamma transition of ⁴⁰K

Beta minus and beta plus decay of this odd-odd radionuclide are both probable. Electron capture is followed by gamma emission.



Source of picture: http://www.sprawls.org/ppmi2/RADIOTRANS/#Gamma%20Emission









"Superheavy" nuclides may undergo fission resulting in two medium size nuclides which are generally beta-emitters and free neutrons



CORONA

Calculus: Radioactivity of an adult due to ⁴⁰K-content of human body $T_{1/2}$ of ${}^{40}K = 1.28 \times 10^9$ year, average body weight $(m_e) = 70 \text{ kg}$, $A = N \cdot \lambda$ average (constant) K-content (c_{κ}): male 1.7 - 2.7 g/kg, $\mathbf{N} = \frac{m_{_{40}}{_{\mathrm{K}}}}{\mathbf{M}} \cdot \mathbf{N}_{\mathrm{A}}$ female 1.3 - 2.3 g/kg average: 0.2 % isotope ratio (Θ) = ⁴⁰K is 0.0118 % of potassium Activity (A): 4200 Bq $m_{40_K} = m_{human} \cdot c_K \cdot \Theta$ $f_v = 0.107$ means 455 s⁻¹ photon yield **Radiation Protection - Health Physics** 26 2022 Spring semester Copyright I.N.T.



Ionizing radiations - Interactions coronal between radiation and matter

Potential interacting components of matter: <u>electrons</u>, electromagnetic field of atoms and molecules, atomic nucleus.

-<u>Directly</u> ionizing radiations: α , β , γ , X – particles collide with electrons and transfer them kinetic energy large enough to ionize them. Collision with photons is <u>a probablistic process</u> unlike that with α - and β -particles. Energy transferred in a photon-electron collision is further dispersed by the "primary" electron.

-<u>Indirectly</u> ionizing radiation: neutrons cannot directly transfer their kinetic energy to electrons, but they collide with atomic nuclei resulting in formation of radioactive nuclei (=nuclear reactions) and/or emission of ionizing particles (α^{2+} , γ , p^+).





Interactions between radiation and CORONAL matter

Collision with electrons does not <u>always</u> lead to ionization. Gradual energy transfer in several steps includes excitation of atoms and molecules as well, necessarily resulting the increase of <u>thermal</u> energy.

The quantity of energy loss by ionization depends on the energy required for separating one pair of positive and negative charges in that matter. Typical values: 15 – 40 eV/pair for insulators (gases, ionic crystals etc.) and 2 – 5 eV/pair for semiconductors.

As an alternative to collisions, charge carriers with high velocity (α^{2+} , β^{-} -particles or free "primary" and "secondary" electrons) can interact with the electromagnetic field of atoms and thus emit bremsstrahlung = brake radiation = continuous X radiation while losing their velocity (impulse).





Linear energy transfer ≈ stopping coronal power

Linear Energy Transfer = LET $L = \frac{dE_{kin}}{dx}$

 $E_{kin} = \frac{m \cdot v^2}{2}$

 $E_{kin,ph.} = h \cdot v$

LET = L = change of kinetic energy of a particle along its pathway through a material

LET depends on type and actual velocity of the particle number and type of collision partners for the particle (material quality and density)

Primary partners for LET are the electrons of a material

h: Planck constant = 6.63×10^{-34} Js *v:* frequency





Interactions of alpha radiation withcoronal matter

α-particles

LET-value in water: ~ 100 keV/ μ m ⁽ Way of energy impartment: ionization or excitation Maximum energy transferable in one collision (step) (Q_a):

The path of the α -particles is more or less linear due to their big mass compared to that of electrons (collision partners) – the <u>range</u> (R = maximum penetration depth) is small in condensed matter.

 R_{α} (air) 4 – 8 cm R_{α} (water) 50 – 100 μ m

$$Q_{\alpha} = \frac{4 \cdot m_{e^-} \cdot m_{\alpha} \cdot E}{(m_{e^-} + m_{\alpha})^2}$$

 m_{e} : mass of electron m_{a} : mass of α -particle E: energy of α -particle before collision





Interactions of alpha radiation with matter



The differential energy loss (LET) is roughly constant; it increases when the particle "stops" before reaching the range = Bragg-peak

Source: https://www.britannica.com/science/linear-energy-transfer





Interactions of beta radiation with matter

β-particles change their direction every time they collide with atomic electrons. Their LET-values are 0.1 – 2 keV/µm in condensed matter. Their range is thus much shorter than their total path length.

Fraction of beta-energy converted to bremsstrahlung radiation increases proportionally with Z of target and E_{max} of the radiation.

The LET vs. range curves are similar to that of alpha radiation.

 α and β are considered "weakly penetrating" radiations = short range; thin shielding is sufficient



Source: http://holbert.faculty.asu.edu/eee460/ IonizationRange.pdf

> R_{β} (air) 0.1 – 1 m R_{β} (water) 1 – 10 mm



Interaction of gamma- and Xradiation with matter

Energy transfer options of high energy photons to components of materials:

- To electrons: ionization via two competing types of interaction
- To atomic nuclei: absorption nuclear reactions are possible above >5 MeV threshold only
- To electromagnetic field of atoms above 1.02 MeV threshold

General feature: stochastic (probabilistic) interaction: "wave-type" energy transfer: different from "mechanical" collision of extended particles

Fate of kinetic energy given to electrons freed by the primary collision:

- Causes further ionization;
- Causes excitation;
- Generates secondary photon radiation (continuous X-ray = Bremsstrahlung)

(that is, a secondary electron behaves identically to a β -particle)

Interactions of gamma photons – total absorption



The total (kinetic) energy of the γ -photon is transferred completely to a dedicated electron (mostly of the Korbital). As $E_f >> E_{ion}$ the electron is removed from its orbit with a high kinetic energy. Photon ceases to exist.

(other name: photoelectric effect)

$$E_{f} = E_{e,ion} + E_{e,kin}$$

Interactions of gamma photons – Compton-scattering



Part of γ -photon energy is transferred to the colliding electron. As $\Delta E_f >> E_{ion}$ the electron is removed from its orbit with a high kinetic energy. The scattered photon proceeds in a diverted direction with reduced energy. Maximum (but <u>not the</u> <u>whole</u>!) energy transfer occurs by 180° "backscattering" of the generated "new" photon.

$$\mathsf{E}_{\mathsf{f}} = \mathsf{E}_{\mathsf{f}'} + \mathsf{E}_{\mathsf{e},\mathsf{ion}} + \mathsf{E}_{\mathsf{e},\mathsf{kin}}$$

Interaction of gamma photons – pair production



The γ -photon interacts with electromagnetic field of an atom: transfers its complete energy and ceases to exist. Energy of a <u>boson</u> generates two <u>fermions</u>: pair of e⁻ and e⁺.

$$E_f = E_{e-,m} + E_{e-,kin} + E_{e+,m} + E_{e+,kin}$$

Threshold condition: $E_f > 2 \times E_{e,m} =$ 2×511 keV (equivalent mass of two electrons)


Interactions of photons – energy dependence



Attenuation of photon radiation

 $dI = -I(x) \sigma N dx$

µ is constant only if- energy of photons isconstant

- the absorbing material is homogeneous both physically and chemically

I: intensity [s⁻¹] σ : interaction <u>probability</u> with 1 "partner" [-] N: number of "partners" in unit distance [m⁻¹] $\mu = \sigma .N =$ interaction probability in unit distance [m⁻¹] = <u>linear</u> attenuation coefficient

 $dI = -I \cdot \mu \cdot dx$

Upon integration: general attenuation equation \rightarrow next slide

Attenuation of photon radiation

$$I = I_0 \cdot \exp(-\mu x)$$

 μ : <u>compound</u> linear attenuation coefficient [m⁻¹] combining the probability of each type of interaction.

The three main types of interaction (= total absorption, Compton scattering and pair production) are combined in "exclusive or" manner.

 $\mu = \mu_1 + \mu_2 + \mu_3$

μ/ρ : mass specific attenuation coefficient [m².kg⁻¹]

Half value layers (cm)

Matter/ Gamma energy	100 keV	200 keV	500 keV
Air	3555	4359	6189
Water	4.15	5.1	7.15
Carbon	2.07	2.53	3.54
Aluminium	1.59	2.14	3.05
Iron	0.26	0.64	1.06
Copper	0.18	0.53	0.95
Lead	0.012	0.068	0.42

 $X_{1/2} = \frac{\ln 2}{\mu}$



Interaction of gamma photons – summary



Source: http://www.hep.wisc.edu/~prepost/407/gamma/gamma_html.html



CORONA





Interactions of neutrons with material

$dI = -I(x) \sigma N dx$

I: intensity [s⁻¹] *σ: interaction probability in a collision* [-] *N: number of "partners" in unit distance* [*m*⁻¹]

Types of collision:

-Elastic or inelastic scattering in collision with protons and neutrons

- Absorption in recipient nuclei = nuclear reaction through transient state
- Spallation = nuclear reaction without "full" excitation

Probabilities depend strongly on

- •Neutron energy
- Atomic number (Z) and mass number (A) of target



Dose definition and quantities

$$D = \frac{dE}{dm} \approx \frac{\Delta E}{m} \left[\frac{J}{kg}, Gray, Gy \right]$$

Absorbed dose

<u>Physical (absorbed) dose</u>: total radiative energy absorbed in unit mass, involves only physical interactions.

Characterizes <u>any</u> type of ionizing radiations.

Applicable <u>only</u> for ionizing radiations, but involves <u>not only</u> ionization events (excitation is also involved).

<u>Does not involve</u> energy not imparted to that piece of matter (scattered, secondary radiations).

<u>"Unites"</u> energy inputs to the object (detector, person, etc.) from various sources.

Dose quantities – dose from photon radiations



 μ = linear energy transfer coefficient = <u>effective cross</u>section (surface) for attenuation per unit volume

 μ/ρ = "mass specific" absorption/attenuation coefficient = <u>effective cross-section per unit mass</u>

LET = dE/dx = linear energy transfer coefficient

σ_A= effective collision cross-section (sensitive surface) for an atom
 collision: absorption or inelastic scattering
 (see energy transfer options before)

 $\boldsymbol{\mu}$ is the same as deduced for attenuation!

$$\mu/\rho \ [m^2/kg]$$

$$u = \frac{\left(\frac{dE}{dx}\right)}{E_{inc.}}$$

External gamma dose rate (radiation source is distant from human body)

$$\frac{dD}{dt} = \Phi_E \cdot \frac{\mu}{\rho} \qquad \qquad \Phi_E = \frac{A \cdot f_R \cdot E_R}{4 \cdot r^2 \cdot \pi}$$

 Φ_{E} : surface density of energy intensity = energy flux [J/(m²s)] dN/dt = A: activity of source [decay/s = Bq] f_R: particle (photon) yield [photon/decay] E_R: photon energy [J/photon]



Validity: for point γ -source, unattenuated (primary) photon radiation.

Isotropic surface = surface of sphere with radius "r"

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r: distance from point source

Reciprocal squared attenuation law – base of dose calculation: <u>dose</u> <u>coefficient</u> [(µGy/h)/(GBq/m²)] Comprises all material and geometric parameters "Independently" selectable: A and r Radiation Protection - Health Physics 2022 Spring semester Copyright I.N.T.

From physical effect to biological effect of radiations

Absorbed dose (physical effect) – ionization and excitation

Chemical consequence: ions generate (by electrochemical reactions) very reactive ions and <u>free radicals</u> (from water and organic molecules)

Biochemical effect: direct ionization and/or free radicals may change the biochemical behaviour of some macromolecules (DNA strand break, damage of membranes etc.)

Biological effect: modified biochemical structures may change the outcome of biological "events" = changes in metabolic and genetic processes.

Biological effects of ionizing radiations

Classification of biological effects/responses:

Somatic: occurs to the affected person Genetic: occurs to the descendants of the affected person

Deterministic: Severity of biological effect depends on dose, effect is apparent only if a <u>threshold</u> is exceeded.

Stochastic: Probability of occurrence of the biological effect depends on dose, no apparent threshold exists. Radiation Protection - Health Physics 2022 Spring semester Copyright I.N.T.

Biological effects of ionizing radiations

□ Stochastic effect: the cell survives the collision but the DNA structure is changed so the next generation cell (following mitosis = cell replication) will be different from the parent.

Deterministic effect: the cell does not survive the collision – it is "deadly damaged" by the energy transferred from collision with radiation.

Deterministic effects

- **Deterministic effects**
- occur only if a threshold is exceeded (threshold for most sensitive tissues: 0.3 – 0.4 Gy, foetus: 0.1 Gy)
- so many cells are damaged that devastation (necrosis, "burning") of tissue takes place
- acute/immediate effect
- life-threatening effects on these tissues: central nerve system, gastrointestinal system, haematopoietic system



Dose of radiation

Role of radiation quality in deterministic effects



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IAEA Course Basics of Radiation Protection Dosimetry of Ionizing Radiation

Doses causing deterministic effects

- ND = D . RBE(R) [Gray]
- ND: necrotic dose = absorbed dose causing necrosis (devastation)
- RBE: relative biological effectiveness = (capability for necrosis) – different according to radiation type, tissue type and circumstance of exposition!!
- R: radiation type

Deterministic health effects





Massive cell death

Clinical effect reflected loss of tissue function and structure

Deterministic health effects

Necrosis on skin as a consequence of intensive high-energy beta radiation



Dose rate in relation to the extent of deterministic effect



"Japanese fishermen" case

On 1 March 1954 the US army detonated a nuclear bomb codenamed "Bravo" on the island of Bikini. A Japanese tuna fishing boat, the Lucky Dragon, was caught in the path of Bravo's fallout. The crew members suffered from radiation sickness, and one of them died of liver and blood damage on 23 September.

"Mexican family" case

In March 1962 a 10-year-old Mexican boy discovered a 200 GBq source of ⁶⁰Co in a field, although no one recognized it as such at the time. It presumably had been in a shielded container; how it was removed from the container is not known. The boy carried the source in his pocket for several days. Then it was placed in a cabinet that held kitchen utensils, where it remained until recovered 112 days later. Over a period of seven months four people died. All had hematopoietic depression syndrome, but the diagnosis was not made until the third victim was dying. The father had mild anaemia and darkening of the fingernails, but no serious difficulty, presumably because he was away at work most of the time. Estimated radiation doses were 20 – 50 Gy for the victims and 10 Gy for the surviving father.

Acute Radiation Syndrome (ARS) in Chernobyl NPP staff and first responders

Degree of ARS	Range of RBE weighted whole body dose [Gy]	Number of patients	Number of deaths
Mild (I)	0.8-2.1	41	-
Moderate (II)	2.2-4.1	50	1
Severe (III)	4.2-6.4	22	7
Very severe (IV)	6.5-16	21	20
Total	0.8-16	134	28*

* 28 died in 1986 from a combination of high external doses of γ -exposure and skin burns due to β -emitters

Stochastic effects of ionizing radiations

"Primary target": DNA-content of cell nucleus

- DNA: macromolecule with a double spiral shape constructed from sugar- and phosphate groups accompanied by organic bases (A,D,C,T,U). Chain link: nucleotide. The spirals are connected by hydrogen bonds between the bases.
- Genetic information (composition of proteins of a cell) is coded by DNA structure in the chromosomes.
- Gene: piece of DNA chain coding a protein or a cellular feature; group of genes = genom.



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<u>Components of a</u> <u>human cell</u>



Components of a human cell nucleus

Membrane – cover/boundary

- Semipermeable
- Separates nuclear liquid from cytoplasm

<u>Nucleolus</u> – contains RNA

- Synthesis of proteins (albumin) and DNA
- DNA macromolecule containing the genetic – code of tissue-building cells







No repair or faulty repair



Cell dies from damage

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Development of stochastic harm



IAEA Course Basics of Radiation Protection Dosimetry of Ionizing Radiation

Stochastic and deterministic effect of ionizing radiations

Human cells: stem cells or tissue specific cells Cellular life cycle (eukaryotic):

mitosis \rightarrow interphase \rightarrow mitosis or apoptosis Damage of cellular elements:

- Immediate devastation: necrosis
- Programmed death (inviability): apoptosis
- DNA-chain defects (strand break): survival → mutation

DNA breaks: correction by "repair" enzymes

Equivalent dose – measure of stochastic biological effect of ionizing radiations

 $H = D \cdot w_R$ [Sievert, Sv]

Detriment of absorbed dose depends on energy transferred to a cell-size volume of living material (microdose).

"Anthropomorphous" dose quantity and unit: radiation weight factors are different for other living organisms (animals, plants).

Equivalent dose characterizes ONLY the stochastic effect!!!

Detriment of ionizing radiations – stochastic effect:

- no dose threshold (carcinogenesis of low doses is not confirmed)
- cellular mutation (chance for repair until mitosis/meiosis)

- dose/risk function is linear (?)



Dependence was calculated from the epidemiological statistics of the survivors of Hiroshima and Nagasaki bombings. Radiation Protection - Health Physics 2022 Spring semester Copyright I.N.T.



Detriment-adjusted nominal risk coefficients for stochastic effects after exposure at low dose rate

Exposed	Cancer		Heritable effects		Total	
population	ICRP103	ICRP60	ICRP103	ICRP60	ICRP103	ICRP60
Whole	5.5	6.0	0.2	1.3	5.7	7.3
Adult	4.1	4.8	0.1	0.8	4.2	5.6

"It is therefore the recommendation of the Commission that the approximated overall risk coefficient of **5% Sv⁻¹** on which current international radiation safety standards are based continues to be appropriate and should be retained for the purposes of radiological protection"

The nuclear bombing events (Japan, 1945)

- About 200 000 people died in Hiroshima and Nagasaki in 2-4 month after bombing. Almost 50% of them died in the first day.
- 2. A survey on A-bomb exposure as part of Japan's 1950 national census revealed that about **284 000** people had been exposed to the bombs and survived.
- 3. Life Span Study (LSS) cohort with the total number of about 120 000 was organized in 1958:
 - all of the heavily exposed A-bomb survivors;
 - a selected population of the less exposed and nonexposed residents of both cities matched by age and sex with the first group Radiation Protection - Health Physics 2022 Spring semester Copyright I.N.T. 69

The nuclear bombing survivors



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Life Span Study mortality (1950-2002)

Diseases	Deaths			Attributable
	observed	expected	excess	fraction

Solid cancer6 7186 2055138.3%

Leukemia **317 219 98 44.7%**

86 611 people with evaluated dose
38 509 with Colon dose < 5 mSv (mean = 0.2 mSv)
37 401 with Red marrow dose < 5 mSv

Thyroid cancer – stochastic effect of ¹³¹I incorporation

- Consequences of Chernobyl release
- An increase in thyroid cancers was easily observed due to low background
- No increase in others cancers seen in public


Thyroid cancer cases versus distance from damaged reactor



Excess thyroid cancers by 1998 – does not show inverse dependence with distance from NPP

Explanation: iodine uptake was due to milk consumption, not inhalation – it should have been avoided

Normal cancer incidence rates

Cancers per 100 000 deaths				
Canada		Belarus		
Number	Rate	Number	Rate	
All cancers				
31 500	32%	19 000	19%	
Thyroid (0–19 year olds)				
330	0.3%	120	0.1%	

Much easier to see excess thyroid cancers due to the low background level

Detectable increase - radiation carcinogenesis

Organ	Dose at which excess incidence may be seen	Number of people needed to be studied to see excess
Whole body: external exposure (all cancers)	E>100 mSv (effective dose)	>100 000
Thyroid: intake of ¹³¹	H _{thyroid} > 50 mSv (equivalent dose)	> 10 000

Internal dose: radioactivity is incorporated (inhaled, ingested) External dose: ionizing radiation penetrates the human body

$$E = H_E = \sum_T H_T w_T [Sv]$$

<u>Effective dose</u> w_T tissue weight factor

New tissue weight factors (recommended in 2007 in ICRP#103):

gonads

 $\sum_{T} w_{T} = 1$

w_T=0.08 (genetic effects – not confirmed)

Somatic effects

most vulnerable

 w_T =0.12 lungs, stomach, colon, red bone marrow, breast, remainder vulnerable

 w_T =0.04 liver, kidney, thyroid, bladder, oesophagus

less vulnerable

 w_T =0.01 skin, bone surface, salivary gland, brain

Standard measurable dose quantitites

- Dose and dose rate meters are capable of measuring absorbed dose only
- Real biological dose is different at every part of the body even in a homogeneous radiation field
- Personal dose equivalent H_P(d) absorbed dose measured at depth *d* (mm) in human body
- Ambient dose equivalent H*(d) absorbed dose measured at depth d (mm) in ICRU sphere of standard composition (76% O, 11% C, 10% H, 3% N)
- Strongly penetrating radiation d = 10 mm
- Weakly penetrating radiation d = 0.07 mm

Problems of stochastic dose-risk dependence

Accepted model for health physics regulations: LNT (linear – no threshold)

Question marks:

- Clear distinction is a must between "sample group" and "control group" – but how?
- Hormesis: low doses create "immunity"?
- Supralinearity: no necrosis at low doses: better chance of survival for mutant cells?
- Nonlinearity: at higher doses the reproduction rate of necrotised cells increases – higher survival rate for mutated cells?
- Tissue weight factors reflect vulnerability primary tumour or metastasis?
- How long can doses be integrated?
- > Bystander effects?

Further dose quantities

Committed dose (H_C): effective dose of incorporated radioactive material that is not excreted from the body in 1 year

$$H_C = \int_0^T \frac{dH_E}{dt} dt$$

Collective dose: Sum of committed effective doses of members of the public originating from a dedicated radiation source.

$$C = \sum_{i} H_{E,i} \cdot n_i$$

[man.Sv]

Recommended to be applied only for comparing sources of emission!

Effects of ionizing radiation - summary



Dose of radiation

Radiation health effects - summary



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Radiation Protection – How?



From Science via Recommendations and Regulations to Compliance



Image Source: https://en.wikipedia.org/wiki/International_Commission_on_Radiological_Protection, 17.06.2015 (modified)

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Safety and Environment (SUM)

International Safety Standards – EC



Legal basis is the Euratom Treaty (1957); Article 2:

- "... in order to perform its task, the Community shall, as provided for in this Treaty.... Establish uniform safety standards to protect the health of workers and of the general public and ensure that they are applied".
- The requirements for radiation protection are laid down in Title II Chapter 3 "Health and Safety", Articles 30 to 39 of the Euratom Treaty.
- Support by Group of independent radiation protection and public health experts is attached to the European Commission (§31)
- A comprehensive set of directives, regulations, recommendations and decisions has been elaborated and adopted.
 - https://ec.europa.eu/energy/node/1219
- EURATOM directives have to be adopted to national law by member states

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Safety and Environment (SUM)

EC Basic Safety Standard (EC-BSS)

Latest Version:

"Council Directive 2013/59/Euratom of 5 December 2013 laying down basic safety standards for the protection of against the dangers arising from exposure to ionising radiation and repealing Directives 89/618/Euratom, 90/641/Euratom, 96/29/Euratom, 97/43/Euratom and 2003/122/Euratom"

Radiation protection regulations

International recommendation and guidance:

ICRP #60 (1991), IAEA Safety Series #115 (1996) "IBSS", 96/29 EU Directive – these are based on LSS statistics between 1950 - 1988

ICRP #103 (2007), IAEA General Safety Requirements GSR Part 3 (2014) "new IBSS", 2013/59/EURATOM directive

Hungarian regulations: from January 2016 the basis is the "new IBSS"

- Personal protection: controlled by Hungarian Atomic Energy Authority (HAEA)
- Environmental protection: controlled by HAEA and environmental protection departments
- Nuclear operations and safety: Hungarian Atomic Energy Authority Nuclear Safety Ordinance in 10 volumes
- <u>Germany</u>: Die Strahlenschutzverordnung ist die deutsche Verordnung innerhalb des Atomrechts. Rechtsgrundlage ist §54 Atomgesetz. Die "StrlSchV" stammt aus dem Jahr 1976 und wurde seitdem mehrfach novelliert, zuletzt 2011.

From international recommendations to national regulations

Annals of the ICRP

PUBLICATION 103

The 2007 Recommendations of the International Commission on Radiological Protection

Verordnung über den Schutz vor Schäden durch ionisierende Strahlen (Strahlenschutzverordnung - StrlSchV)

StrlSchV

Ausfertigungsdatum: 20.07.2001

Vollzitat:

"Strahlenschutzverordnung vom 20. Juli 2001 (BGBl. I S. 1714; 2002 I S. 1459), die zuletzt durch Artikel 5 Absatz 7 des Gesetzes vom 24. Februar 2012 (BGBl. I S. 212) geändert worden ist"

Radiation Protection and Safety of Radiation Sources: International Basic Safety Standards

IAEA Safety Standards

for protecting people and the environment

General Safety Requirements Part 3

EC, FAO, IAEA, ILO, OECD/NEA, PAHO, UNEP, WHO



Jointly sponsored by

COUNCIL DIRECTIVE 2013/59/EURATOM

of 5 December 2013

laying down basic safety standards for protection against the dangers arising from exposure to ionising radiation, and repealing Directives 89/618/Euratom, 90/641/Euratom, 96/29/Euratom, 97/43/Euratom and 2003/122/Euratom

National Regulation – Germany



- Federal Republic of Germany RP Legislation/Organisation
 - Basic (Constitutional) Law of the Federal Republic of Germany
 - Atomic Energy Act
 - Responsible Federal Ministry (in2015): BMUB
 - Bundesministerium f
 ür Umwelt, Naturschutz, Bau und Reaktorsicherheit
 - Federal Ministry for the Environment, Nature Conservation, Building and Nuclear Safety
 - Responsible Federal Office (in 2015): BfS
 - Bundesamt f
 ür Strahlenschutz / Federal Office for Radiation Protection
 - BfS is an organisationally independent, scientific-technical, higher federal authority in the portfolio of BMUB Federal Ministry for the Environment, Nature Conservation, Building and Nuclear Safety (BMUB).
 - Advisory Bodies
 - Strahlenschutzkommission (SSK)
 - Reaktorsicherheitskommission (RSK)
 - Kerntechnischer Ausschuss (KTA)

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Safety and Environment (SUM)



National Regulation – Germany



Radiation Protection Ordinance: Ordinance on the Protection against Damage and Injuries Caused by Ionizing Radiation (StrISchV)

of 20 July 2001, last amendment of 11 December 2014

- X-Ray Ordinance: Verordnung über den Schutz vor Schäden durch Röntgenstrahlung (Röntgenverordnung – RöV)
 - vom 8. Januar 1987 (BGBI. I 1987, Nr. 3, S. 114), Neufassung vom 30. April 2003 (BGBI. I 2003, Nr. 17, S. 604), zuletzt geändert durch Artikel 6 der Verordnung vom 11. Dezember 2014 (BGBI. I 2014, Nr. 58, S. 2010)
 - No English translation available
- Both Documents will be merged during adaption of new EC-BSS
- Other Relevant Ordinances: See RS-Handbuch

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Safety and Environment (SUM)

Contents of radiation protection regulations

Basic principles – first stated in 1976

- <u>Justification</u>: application of a radiation source must have a positive benefit = cause more good than harm
- <u>Optimization</u>: application of a radiation source must have a maximum benefit = planning basis - ALARA (As Low As Reasonably Achievable) for magnitude of incurred dose and number of exposed persons
- Individual <u>limitation</u> limits for immission and emission for individual persons are set that shall not be exceeded.
- Other general statements of recent ICRP guidance:
- Exposures of high doses causing severe deterministic effects shall be averted.

Only doses from "applications" can be limited, purely natural phenomena leading to elevated doses are *excluded* from regulatory aspects.
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Exposure situations and exposed persons

 ICRP 103 (2007), EU BSS (Basic Safety Standards – 2013) and IAEA General Safety Requirements (GSR) Part 3 (2014):

Planned, emergency and existing exposure situations;

Occupational, public and medical exposures;

• EU BSS (42): Introduction of <u>reference levels</u> in emergency and existing exposure situations allows for the protection of individuals as well as consideration of other societal criteria in the same way as <u>dose limits</u> and <u>dose constraints</u> for planned exposure situations.

Dose limitations for planned exposures

DL – dose limits given as effective or equivalent dose \rightarrow limiting individual *immission* (from all possible sources):

effective (committed) dose; sum of external and internal doses occupational **20 mSv/year** (special permit: average of 5 consecutive years, annual maximum: 50 mSv) general public **1 mSv/year**

additional DLs for lens of the eye, skin and extremities

DC – dose constraint \rightarrow limiting *emission* (given in the operational licence of facilities): effective dose of a fictitious representative person (<u>most affected</u> <u>person</u>; member of the critical population group) originating from a given facility generally DCs range from 0.3 to 0.03 mSv/year \rightarrow basis of maximum permissible emission level for individual radionuclides

Test #1 18-03-2022

DC << DL $DL \neq \sum_{s} DC_{s}$

s: emission source DCs cannot be summed as they pertain to different locations

Doses - measured and/or calculated

External dose

- Measured by dose meters and dose rate meters
- Calculation (doses from gamma sources with known activity)
- k_y dose coefficients: determined for point and extended sources aand different detector materials

Internal dose cannot be directly measured

- Determined by: whole body counting, radioanalysis of blood and excreta, radioanalysis of intakes (air, water, foodstuff)
- <u>dose conversion coefficient</u> [Sv/Bq] consequence of intake = committed effective dose from intake of 1 Bq activity (different for inhalation and ingestion, significantly depends on age and residence time of "carrier" substances in human body)
- Acute (instantaneous) and chronic (continuous) intake are to be calculated differently

Release limits derived from dose constraints

- □ "Negligible dose" ≤ 10 30 μ Sv/year not declared directly, belongs to negligible risk (≤10⁻⁶) → basis of EXEMPTION and CLEARANCE from regulatory control
- Maximum permissible emission levels = release limits for planned situations (normal operations and "regular operational occurrences") are given in [Bq/year] unit.
- □ Separate data sets for airborne and liquid releases
- □ Relation between maximum intakes and dose constraint:

$$DC \le \sum_{i} A_{i,max} \cdot e(g)_i$$

 A_{max} : Maximum intake from radionuclide *i*, e(g): <u>dose conversion coefficient</u> (committed effective dose consequence of unit intake)

Release limits derived from dose constraints

 $A_{i,max} \ll A_{i,out}$ and $A_{i,max} = f(A_{i,out})$

Activity reaching the most affected person (A_{max}) = maximum intake is much less than the released (A_{out}) value. Maximum permissible A_{out} = release limit.

Release limits (RL) [Bq/year] of facilities are approved by the regulatory body. They are combined in a joint Release Limit Criterion (RLC)

$$RLC = \sum_{i} \frac{A_{i,out}}{RL_i} < 1$$

Release limits (airborne and liquid) are related to the *dose constraint* of the facility by means of **DISPERSION MODELS** consisting of parts for emission, migration and exposure. Dispersion models should be validated by comparing their results to realistic emission events.

Environmental reference levels for <u>existing</u> exposure situations

- Dose consequence of environmental contamination (via internal exposure) ≤ reference level. Acceptable: maximum activity concentration c_L [Bq/kg]
- Definition:
- m: major foodstuff
- (water, milk etc.)
- Q: consumption [kg/year]
- i: radionuclides
- Γ : safety factor ≥1 (max. 5)
- e(g)_i: dose conversion factor [Sv/Bq]
- RL: reference level (different from DL)

$$c_{m,i} = \frac{RL}{\Gamma \cdot Q_m \cdot e(g)_i}$$

Guidance levels for emergency workers (EW)

Intervention

Life saving

Preventing severe deterministic effects Preventing development of severe accidents

Preventing high collective dose

<mark>Н_Р(10)</mark>

< 500 mSv^(*) Hungary: 250 mSv

< 500 mSv

< 100 mSv

(*) This level can be exceeded if the success of the action is more important than the risk of the EW, the EW acts on a voluntary basis and is aware of the risks.

IAEA Course Radiation Protection and Safety in Emergency Exposure Situation

Reference levels and dose limits for the general public (residual dose)



IAEA Course Radiation Protection and Safety in Emergency Exposure Situation

Further health physics regulations

Exemption: A material does not fall in the scope of health physics regulations on the basis of an *a priori* decision if *a)* the total activity <u>or</u>

- b) the mass specific activity concentration
- is less than the exemption level given in legislation.

<u>Exemption level</u> [Bq] and [Bq/g] – any application of the material cannot lead to a dose consequence exceeding the <u>negligible dose</u> (= 10 – 30 μSv/year) under any circumstances (<u>scenario</u>)

Further health physics regulations

<u>Clearance level</u>

Activity concentrations [Bq/kg] or [Bq/m²] defined by the authority below which the previously controlled materials can be released (cleared) from control. Conditional clearance: clearance is connected to certain <u>scenarios</u> of further use or disposal.

Previously controlled (= dose consequences were limited by instructions) radioactive materials and wastes are cleared according to radioactive decay and/or successful purification so their dose consequence will be <u>negligible</u> $(= 10 - 30 \mu Sv/year)$

Exemption versus clearance

- Similarity: relation to negligible dose ($\leq 10 30 \mu$ Sv/year) and the associated risk ($\leq 10^{-6}$)
- Difference: exposure scenarios, units (exemption: Bq or Bq/g, clearance: Bq/g, in some EU countries: Bq/m² as well)
- New nomenclature: exemption levels = specific exemption levels (SEL); clearance levels = general exemption levels (GEL)
- Values in [Bq/g]: SEL > GEL with 1-3 orders of magnitude

Measurement of external dose

Dose measurements: evaluation after the exposure – personal dosimetry

- Film badge: chemical change (blackening: silver bromide decomposition)
- TLD: (thermoluminescence radiation damage of crystals turns to light emission upon heating) official dose meter in most European countries
- "Active" dose meters: gas-filled detectors, semiconductor detectors, bubble detectors – "operational" = additional dose meters in workplaces

Dose rate meters: immediate evaluation – *area dosimetry*

- Gas-filled detectors
- Organic scintillation detector
- Semiconductor (Si) detector with energy dependence compensation

Requirements:

- "Energy independence": the response (=sum of generated signals) must not depend on the distribution of the individual energy pulses
- Proportionality between response signal intensity and dose rate
- Fading = 0 the dose must not "disappear" between exposition and evaluation

Principle of operation of tissue equivalent dose meters

If the detector and a person are in the same distance from a radiation source both "objects" are exposed to the same radiation field (energy flux).

$$\frac{D_x}{D_m} = \frac{\Phi_{E,x}}{\Phi_{E,m}} \cdot \frac{\left(\frac{\mu}{\rho}\right)_x}{\left(\frac{\mu}{\rho}\right)_m} = f_m$$

The energy dependence of the <u>compound</u> absorption coefficient must be similar to the material of the detector and the human tissue

- "tissue equivalent" detector

- <u>"energy independence</u>" of detector response: f_m should be **constant** for a wide energy range

The energy dependence of response can be mitigated by <u>"energy filters"</u>

Measuring external dose Dose dependence of response of film badge

Official dosimeter in Hungary before 2013; then: TLD



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Measurement of external dose

TLD detector and reader "Butterfly"



TL materials: For photon radiation only: CaF_2 , $CaSO_4$, LiF, AI_2O_3 For neutrons and photons: ${}^{6}LiF + {}^{7}LiF$

Measurement of external dose Electronic personal dosimeter (EPD) with semiconductor detector (gamma <u>and</u> neutron)





Radiation Protection - Health Physics 2022 Spring semester Copyright I.N.T. Energy independence of EPD signals ¹⁰⁵

Measurement of external dose

FH-40-G dose rate meter



Bubble detector for neutron dose measurement



Internal dose

Dose is summed from the equivalent doses of tissues caused by the ionizing radiation (R) from source (S) tissues containing radioactive species imparting energy in target (T) tissues (S=T is possible)



Internal dose from incorporated radioactivity

Dose of target tissue T is caused by radiation R of the contaminant present in source tissues S (S=T is possible)

$$H_T = \left[\sum_{S} u_S \cdot \sum_{R} w_R \cdot E_R \cdot f_R \cdot Q_R(S \to T)\right] \cdot \frac{1}{m_T}$$

 $\begin{array}{l} \mathsf{H}_{\mathsf{T}} \text{ equivalent dose in tissue T from a given radionuclide} \\ \mathsf{u}_{\mathsf{S}} \text{: number of } \underline{\mathsf{decays}} \text{ occurring in tissue S [-]} \\ \mathsf{w}_{\mathsf{R}} \text{: radiation weight factor [Sv/Gy]} \\ \mathsf{E}_{\mathsf{R}} \text{: radiation energy [keV/particle]} \\ \mathsf{f}_{\mathsf{R}} \text{: particle abundance (yield) [particle/decay]} \\ \mathsf{m}_{\mathsf{T}} \text{: mass of target tissue [kg]} \\ \mathsf{Q} \text{: } \underline{\mathsf{absorbed quotient}} \text{ of radiation R coming from source S into target T} \\ (0 \leq \mathsf{Q} \leq 1) \end{array}$
Calculation of external and internal dose

- External dose: calculated if the quality and activity of the source is known and the distance of the source is given. (Absorption in air and other materials is neglected.)
- Internal dose: elements of sourcetarget model is determined and dose conversion factor is calculated.
- e(g) [Sv/Bq] Committed effective dose from the incorporation of unit activity (H_E/A_{BE}) – depending on type of radiation, residence time, way of intake, age

$$\dot{D}_0 = k_\gamma \cdot \frac{A}{r^2}$$

 k_{y} = dose coefficient

Related to

- radionuclide
- absorbing material

$$H_C = e(g) \cdot A_{in}$$

e(g) = dose conversion factor

Intake must be determined by radioanalysis.

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Example: calculation of external dose

External dose: How long can a technician work with a ⁶⁰Co source of 0,5 GBq from a distance of 10 cm if his work-specific dose constraint was set to10 µSv?

(kγ=305 [(μSv/h)/(GBq/m²)]) Answer: 2.4 seconds – if it is possible...

Example: calculation of internal dose

Internal dose: How much will the annual dose of a person be from the natural ⁴⁰K content of the body? It is assumed that potassium is uniformly distributed in the body.

Body weight 70 kg; K-content 0.2 %, ⁴⁰K-ratio in potassium: 0.0117 %, ⁴⁰K half-life1.277×10⁹ a; Decay forms of ⁴⁰K: beta probability 89 %, EC + gamma probability 11% $E_{\gamma} = 1461$ keV, average beta energy 510 keV, X-ray-energy 3 keV

absorption quotient for gamma radiation in the body: 37 %, absorption quotient for beta- and X-ray radiations in the body: 100 %;

1 eV = 1,6.10⁻¹⁹ J Avogadro's number N_A =6×10²³ atom/mole

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Example: calculation of internal dose

Results:

- Activity of the person: 4240 Bq
- Decays per year: 1.34×10¹¹ pieces
- Beta dose per 1 decay: 1.04×10⁻¹⁵ J
- Gamma dose per 1 decay: 1.36×10⁻¹⁶ J
- X-ray dose per 1 decay: 7.54×10⁻¹⁹ J
- Total dose per year: 160 µSv

Natural radioactivity

- Components:
- Cosmic radiation
 - *primary solar and galactic radiation*: mostly protons, much less α-particles, other small atoms, fragments they reach the upper atmosphere
 - *scattered*: Bremsstrahlung (reaching ground level), muons and neutrons;
- Cosmogenic radionuclides (from nuclear reactions between primary cosmic radiation and atmospheric atoms)
- Primordial radionuclides: residues of ancient supernova explosions occurred before the formation of "our" solar system
- Cosmic rays cause external, radionuclides cause external and internal dose.

Natural radioactivity

 Cosmic radiation: *primary*: solar, galactic, extragalactic (solar: "solar wind" – cyclic) >95 % protons

scattered: muons (decay to electrons and <u>photons</u> in collisions), <u>neutrons</u>; cosmic photon dose rate at ground level is 30 - 40 nSv/h, neutrons are hardly detectable (decay - T_{1/2}=615 s).

Cosmogenic radionuclides:

from reactions of cosmic particles with N and O:

³H (T_{1/2}=12.3 a, weak β⁻-emitter),
⁷Be (T_{1/2}=53.3 day, EC and γ-emitter)
¹⁴C (T_{1/2}=5730 a, weak β⁻-emitter)
from reactions with Ar:

²²Na, ³⁶Cl

Natural radioactivity – primordial radionuclides

Nuclide	Half-life	Nuclide	Half-life
K-40	1.3*10 ⁹	La-138	1.1*10 ¹¹
V-50	1.4*10 ¹⁷	Nd-144	2.3*10 ¹⁵
Ge-76	1.5*10 ²¹	Nd-150	1.7*10 ¹⁹
Se-82	1.0*10 ²⁰	Sm-147	1.1*10 ¹¹
Rb-87	4.8°10 ¹⁰	Sm-148	7.0*10 ¹⁵
Zr-96	3.9*10 ¹⁹	Gd-152	1.1*1014
Mo-100	1.2*10 ¹⁹	Lu-176	2.6*10 ¹⁰
Cd-113	9.0*10 ¹⁵	Hf-174	2.0*10 ¹⁵
Cd-119	2.6*10 ¹⁹	Ta-180	1.2*10 ¹⁵
In-115	4.4*10 ¹⁴	Re-187	5.0*10 ¹⁰
Te-123	1.2*10 ¹³	Os-186	2.0*10 ¹⁵
Te-128	7.2*10 ²⁴	Pt-190	6.5*10 ¹¹
Te-130	2.7°10 ²¹	Bi-209	1.9*10 ¹⁹

This list does not contain the three natural decay chains (²³⁸U, ²³²Th and ²³⁵U)

Natural radioactivity

Element	Primordial radionuclide		
Potassium	⁴⁰ K (0.01%) $T_{1/2} = 1.28 \times 10^9 a$		
Thorium	²³² Th (100%) [4n] $T_{1/2} = 1.4 \times 10^{10} a$		
Uranium	²³⁴ U (0.00548%) $T_{1/2} = 2.44 \times 10^5 a$		
	²³⁵ U (0.714%) [4n+3] T _{1/2} = 7.04×10 ⁸ a		
	²³⁸ U (99.28%) [4n+2] $T_{1/2} = 4.47 \times 10^9 a$		

Natural decay series to radon



Radon ⁽²²²Rn) descendants

²²² Rn	T _{1/2} = 3.82 d	α (5.5 MeV)		
²¹⁸ Po	T _{1/2} = 3.05 m	α (6.00 MeV)		
²¹⁴ Pb	T _{1/2} = 26.8 m	β ⁻ (185 keV – 1.02 MeV γ (295 keV, 352 keV + c	') other weak lines)	
²¹⁴ Bi	T _{1/2} = 19.9 m	β ⁻ (526 keV – 1.26 M γ (76 keV2.45 MeV	eV) √ 14 intensive gamma lines)	
²¹⁴ Po	T _{1/2} = 0.164 ms	α (7.69 MeV)	Radionuclides causing lung dos	<u>se</u>
²¹⁰ Pb	T _{1/2} = 22 a	$β$ -, γ (low energy)		
²¹⁰ Bi	T _{1/2} = 5 d	β ⁻ (300 keV…1.16 Me	eV)	
²¹⁰ Po	T _{1/2} = 138 d	α (5.3 MeV) Radiation Protection - He Physics 2022 Spring seme	垂hd: ²⁰⁶ Pb - stable 118 ester	

Internal dose from descendants of ²²²Rn and ²²⁰Rn

- Radon and thoron nuclides decay in atmosphere;
- Descendant = metal ions adhere onto dust and vapour particles floating in air;
- Inhaled particle precipitates/sticks onto cells in respiratory tract (inhomogeneous distribution);
- Alpha and other decays occur generally before clearance (removal of particles by lymph and mucus).
- General condition of respiratory tract (e.g. chronic irritation by smoking) influences fixation and removal.

Radon levels

²²²**Rn** ($T_{1/2}$ = 3.8 d)

short-lived, α - and β -emitting descendants:

²¹⁸Po, ²¹⁴Pb, ²¹⁴Bi, ²¹⁴Po

Internal dose from them: **1.0 – 2.0 mSv/a** on average ²²²Rn-progeny concentration (EEC – equilibrium equivalent concentration, less than or equal to c_{Rn}): 1 – 10 Bq.m⁻³ outdoors 5 – 100 Bq.m⁻³ (intervention required indoors above 200 – 1000 Bq.m⁻³ – different values in intervention: different EU countries) high radon level: cellar, mine, cave, slag low radon level: above water bodies uranium mine: 10⁵ – 10⁶ Bq.m⁻³ in clean, wet air: EEC << c_{Rn}

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EURATOM - Guidance for radon levels (Defined in 2013/59/EURATOM Directive)

- Recent epidemiological findings from residential studies demonstrate a statistically significant increase of lung cancer risk from prolonged exposure to indoor radon at levels of the order of 100 Bq m⁻³.
- National action plans are needed for managing long-term risks from radon exposure. They also provide a means to consider other factors including tobacco smoking. It is scientifically established that most lung cancers attributable to radon can be avoided by cessation of smoking.

Other primordial decay series

²³²Th: T_{1/2}= 14.1×10⁹ a (7-10 ppm near ground surface) decay series: 4n (α and β⁻ decays) progeny: ²²⁰Rn "thoron" and others ²²⁰Rn (T_{1/2}= 55.6 s) – small amount is released into the atmosphere, dose consequence 0.1 mSv/a

²³⁵U: $T_{1/2}$ = 0.71×10⁹ a (0.7 % of natural uranium) decay series: 4n+3 most important raw material of nuclear power: induced fission upon collision with "thermal" neutrons progeny: ²¹⁹Rn "actinon" ($T_{1/2}$ = 4 s) and others

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²²⁰Rn ("Thoron") descendants

²²⁰ Rn	T _{1/2} = 55.6 s	α (6.3 MeV)	
²¹⁶ Po	T _{1/2} = 0.15 s	α (6.77 MeV)	
²¹² Pb	T _{1/2} = 10.6 h	β⁻ (100 keV) γ (87 keV – 300 keV)	
²¹² Bi	T _{1/2} = 61 m	γ (70 keV – 1.8 MeV) β ⁻ 64% (2.25 MeV) α 36% (6.06 MeV)	
²¹² Po	T _{1/2} = 0.3 μs	α (8.78 MeV)	
²⁰⁸ TI	T _{1/2} = 3.1 m	β⁻ (200700 keV) γ (84 keV2.6 MeV)	
End: ²⁰⁸ Pb - stabl	Radiation P Physics 202	Protection - Health 2 Spring semester right LNT	123

Sum of doses from natural origin

- European average 2 3 mSv/a
- Internal dose 65 70 % (radon and thoron progeny, ⁴⁰K, ¹⁴C etc.)
- External dose 30 35 % (cosmic radiation, γradiation of primordial radionuclides from soil and building materials)
- Dose from medical services: average 1.2 mSv/a (Hungary, 2018, increasing)

Radioactivity from artificial origin – wastes/operational releases

- Wastes from nuclear reactors
 - fission products (e.g. ¹³¹I, ¹³⁷Cs)
 - activation products from nuclear fuel (e.g. ²³⁹Pu)
 - activation products of structural materials (e.g. ⁶⁰Co)
- Wastes from military sources (nuclear bombings, test explosions,
- Industrial sources turned to waste
- Medical waste (from diagnostics and therapy)
- "TENORM": technologically enhanced naturally occurring radioactive materials

Classification of RW

IAEA GSG-1 and GSR-3 recommends:

"moderate " amount: exemption levels [EL] should be used for waste classification as reference level RL

",bulk" amount (>1 t): clearance levels [CL] should be used for waste classification as reference level

S: safety index S =

$$=\sum_{i}\frac{c_{i}}{RL_{i}}$$

<u>Release (emission) limits (REL)</u>: radioactivity that – if emitted – would cause a dose corresponding to the dose constraint [Bq/y] – applicable only for operational waste

Common feature for EL, CL, REL: values to be determined at the location of emission, <u>not</u> in the environment.

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Classification of RW in Hungary (in compliance with IAEA and EU guidance)

Government decree on all issues of radiation protection: 487/2015. It defines exemption and clearance levels according to IAEA GSR Part 3 and 2013/59/EURATOM. Clearance is related to 10 - 30 µSv/year dose consequence.

 $WI = \sum_{i} \frac{C_i}{RAC_i}$

WI waste index (=HI hazard index, =S safety index) RAC: Reference activity concentration [Bq/g] – small quantity: exemption levels, big quantity (>1 t): clearance levels c: activity concentration [Bq/g] i: radioisotopes in a waste stream

Very low level waste (VLLW) Low level waste (LLW) Intermediate level waste (ILW) High level waste (HLW)

 $1 < WI < 50, T_{1/2} \le 30 a$ 1 < WI < 1000 $10^3 < WI < 10^6$ $WI > 10^6$,

<u>heat generation</u>> 2 kW/m³

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Major sources of RW in Hungary

Primary nuclear facilities in Hungary:

- NPP Paks (4 operating units of 500 MWe)
- ISFSF (interim spent fuel storage facility Paks)
- 2 research reactors -BRR (Centre for Energy Research) -TR (BUTE INT)
- National Radioactive Waste Repository Bátaapáti (NRWR) waste from NPP Paks
- Radioactive Waste Processing and Storage Facility Püspökszilágy (RWPSF) – waste from anywhere else
- Level "A" radioisotope laboratory of Isotope Institute Co. Ltd. **Radiation Protection - Health**

NPP Paks (by the Danube – 4 units 500 MW_e each)

an manual **Radiation Protection - Health** Physics 2022 Spring semester Copyright LNT

Budapest Research Reactor (10 MW_{th})



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Training reactor of Budapest Technical University (BME) – 100 kW_{th}





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Level "A" isotope laboratory of Isotope Institute Co. Ltd.







TABLE 1. RECOMMENDED D-VALUES.

Radionuclide *	D-value	D _r -value	D_T value	
	(TBq)	(TBq)	(TBq)	
H-3	2,E+03	UL,	2,E+03*	
Be-7	1,E+00	1,E+00	1.E+03	
Be-10	3.E+01	3.E+02	3.E+01	
C-11	6.E-02	6.E-02	4,E+02	
C-14	5.E+01	2.E+05	5.E+01	
N-13	6.E-02	6.E-02	UL_	
F-18	6.E-02	6.E-02	3.E+0R	adiation Protection - Health
Na-22	3.E-02	3.E-02	^{2,E+} ₽h	ysics 2022 Spring semeste

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Decommissioning of the Greifswald reactors



NPP Greifswald - Decommissioning Project

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Decommissioning of the Greifswald reactors



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Decommissioning of the Greifswald reactors



IAEA Workshop on Decommissioning Planning and Licensing, Karlsruhe/Germany - November 2012



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Decommissioning waste of power reactors

- Greifswald: Decommissioning of 5 VVER-440 reactor units (former DDR) – performed by EWN
- "Nuclide vector for the whole site":
- ⁶⁰Co 17% corrosion product
- ¹³⁷Cs 2% fission product
- ⁵⁵Fe 71% corrosion product
- ⁶³Ni 10% corrosion product

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Management of radioactive wastes

Sequential steps of waste management:

- 1. Collection, pre-classification
- 2. Classification I.
- 3. Storage, transporting
- 4. Waste processing operations:
 - preparatory procedures
 - volume reduction
 - conditioning
- 5. Classification II.
- 6. Temporary and/or final disposal (in repositories)

Alternative solutions: <u>reprocessing</u> of spent reactor fuel, <u>transmutation</u> of long-lived waste components

Management of radioactive wastes

Temporary or final disposal (repositories)

Surface or near-surface disposal (above aquifers in use) – LLW (VLLW)

Deep (geological) disposal (below aquifers in use) – LLW,ILW,HLW Characterization: RTOX (radiotoxicity index) [µSv/a]

$$RTOX = \sum_{i} A_{i}(t) \cdot \left(\sum_{j} mf_{i,j} \cdot Q_{j}\right) \cdot DCF_{i}$$

A_i: time-dependent inventory of radioactivity of i-th radioisotope [Bq] Q_j: annual consumption of j-th diet item connected to potential input from repository [kg/year]

*m*f_{*i*,*j*}: *mobility factor: transfer of radionuclide i into j-th diet item [(Bq/kg)/Bq]* DCF_{*i*}: respective dose conversion factors

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RW repositories in Germany



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RW Disposal in Germany

- Konrad (close to Salzgitter) Iron ore mine between 1961 1976. (Dry!)
- 1975 2002: explorations (thick surrounding clay layers)
- 2002: Licence for establishing LLW + ILW geological repository.
- 2006 2007: Lawsuits for the withdrawal of the licence lost.
- Licence for 303.000 m³ LLW + ILW, from this 88.000 m³ would come from other repositories that are decommissioned. Licensee: BGE

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Costs: 945 M euro spent before 2008, further 900 M euro were expected till the end of construction. Disposal will start in 2027 Physics 2022 Spring semester

RW Disposal in Germany

Gorleben – exploration from 1973: 140 salt lenses were examined. Costs: 1973 – 2000: 1.5 B euro.

Opponents: "Lack of transparency and controllability" 1996: Two exploration shafts down to 840 m depth.



Owing to fractured neighbouring rock bodies explorations were suspended in 2000 "at most for 10 years".

<u>Asse II.</u> (in 490 m depth) – present licensee: BfS Salt dome – Exploration shaft drilled in 1965, 1967 – 1978: LLW + ILW disposal, mostly from Karlsruhe reprocessing plant WAK (shut down in 1990) Closure decision: 1995; 1995 – 2004 vaults are backfilled with salt (halite) 2008: Brine intrusion was observed (12 m^3 /year) owing to a possible diapir

Morsleben: former DDR - LLW + ILW repository established from former salt mine. Disposal: 1971-1998: 40,000 m³ Present intention: Decommissioning, clearance of site Bundesamt



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Germany – Reports on Asse

Erhöhte Krebs-Raten rund um die Asse

Donnerstag 25.11.2010, 20:23

Reuters Atomendlager: Erhöhte Zahl von Leukämie-Fällen im Umfeld der Asse

Im Umfeld des maroden Atomendlagers Asse bei Wolfenbüttel ist eine erhöhte Zahl von Leukämie-Fällen bei Männern festgestellt worden. Frauen erkranken dort weit öfter an Schilddrüsenkrebs als anderswo. Die Gründe sollen nun erforscht werden.

Dies teilte das niedersächsische Umweltministerium am Donnerstagabend in Hannover mit und bestätigte damit einen Bericht des regionalen NDR-Fernsehmagazins "Hallo Niedersachsen". Ministeriumssprecher Thomas Spieker sagte, Auswertungsergebnisse des Epidemiologischen Krebsregisters des Landes hätten Hinweise auf ein gehäuftes Auftreten von Leukämie-Erkrankungen insbesondere bei Männern ergeben.

"Eine Ursache dafür kann bisher nicht festgestellt werden", sagte Spieker. Die Auswertung sei noch nicht abgeschlossen: "Wir wissen daher noch nicht, welchen Einfluss zum Beispiel Lebensalter und Berufstätigkeit auf Erkrankungen haben."



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RW management in Hungary Intermediate Spent Fuel Storage Facility - KKÁT Paks

Dry storage vaults with mixed ventilation (natural convection with active supplement)



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Püspökszilágy – "A" type vaults before deing covered with soil; "wells" (steel container tubes) for spent radiation sources



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Model of Bátaapáti NRWD site



Radiation Protection - Health Physics 2022 Spring semester Shafts leading to drifts in "fresh" granite body. Closure: backfill, field concrete

RHK = PURAM

Commissioning of Bátaapáti NRWD repository: December 11, 2012



First concrete container with conditioned waste in drift #1

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Operational radiation protection

Monitoring

- On-site monitoring at controlled and supervised areas, monitoring releases, offsite (environmental) monitoring
- On-site: personal dose meters, area dose rate meters, measurement of surface contamination.
- Environmental: system of local (controlling emissions) and regional/national (controlling immission) networks.

Radioactive waste management, decontamination

Waste processing technologies: see separate slides

Decontamination: selective removal of radioactive material from surfaces by dissolution producing the least reasonable amount of liquid waste.

Shielding: personal radiation protection by absorbing gamma- or neutron radiation in shielding material

- Gamma-shielding: by high-Z material, considering generation of secondary radiations as well
- Neutron-shielding: by non-activating low-Z material
- Further protective measures: protection by time, distance and clothing

On-site area monitoring at BTU - TR



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Environmental monitoring http://omosjer.reak.bme.hu/

📄 OM-OSJER, Az Oktatá	isi Minisztérium 🔸
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EARLY WARNING SYSTEM – response of BTU TR environmental monitoring station in 6 months

dose rate [nSvh]



Long term record shows 3 possible effects:

- local effect (release),
- rapid environmental effect (precipitation or radiocontamination),
- slow (seasonal) change

Environmental monitoring – precipitation "peaks"



Dose rate

Rain or snow removes floating particles (aerosol) from the air. The precipitate rich in short-lived ²²²Rn- and ²²⁰Rnprogeny comes down and is detected with improved efficiency compared to conditions in dry weather. Decay curve of progeny is characterized by their half-life. Similar patterns with different (less steep) descending side may occur in case of artificial radiocontamination migrating in the atmosphere.

EARLY WARNING SYSTEM – local effects

Dose rate [nSvh]



Freshly activated ²⁴Na radiation sources were prepared and their presence in a laboratory of BTU TR was observed by a monitoring station positioned some meters away from BTU TR building.

Shielding calculations

Attenuation of dose rate is approximated by the attenuation equation of primary parallel photon beam:

$$D = D_0 \cdot B \cdot \exp(-\mu \cdot x)$$

B: build-up factor: Compton-scattered radiation contribute to primary (unattenuated) photon intensity; B depends on:

- (µx), it increases with depth of material,
- atomic number of shielding material (increased probability for Bremsstrahlung)
 reversely proportional with radiation energy as µ (absorption coefficient)
 decreases with energy.

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Dependence of build-up factor on quality and thickness of matter



Source: google books <u>Introduction to</u> <u>Radiological Physics</u> <u>and Radiation Dosimetry</u> F. H. Attix (2008)

FIGURE 3.6. Exposure buildup factors for a plane, infinitely wide beam of photons perpendicularly incident on semi-infinite media of (A) water and (B) lead. Curves are labeled with photon energies in MeV. Abscissae indicate the depth in units of the mean free path $1/\mu$. (Goldstein, 1957.) Reproduced with the author's permission.

Calculation of shielding

Example: What is the thickness of a lead brick wall required for "free" working area in the vicinity of a waste package? The waste contains ⁶⁰Co, "free working area" is considered below 1 µSv.h⁻¹ at NPP Paks. The measured value is 15 µSv.h⁻¹, linear absorption coefficient of lead for the 1.25 MeV average gamma energy of ⁶⁰Co is 0.47 cm⁻¹, B will approximately be ≤3

> D=D₀*B*exp(-μx) 1=15*3*exp(-0.47*x)

x=-1*ln(45)/(-0.47)

x=

8.1 cm

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Operational radiation protection

<u>Physical protection:</u> precluding entrance of trespassers

Emergency preparedness and response: (EPR)

Guidance on doses during emergency (occupational dose: dose limits higher than that of planned exposures; public: generic criteria for protective measures)

Nuclear/radiological accidents: Windscale, Three Mile Island, Chernobyl, Goiania, Fukushima.

Accidents with overexposure

>95 % of accidents leading to overexposure occurred with industrial and medical radiation sources and not with nuclear facilities – owing to violation of rules and/or inadequate planning

Nuclear and radiological accidents- INES categories



INFS = International Nuclear Event Scale

Nuclear and radiological accidents

1957 Windscale (United Kingdom) \rightarrow **Sellafield**

In a military fast breeder (²³⁹Pu-producing) reactor graphite reflector rods were overheated = prompt release of heat due to Wigner-discomposition and reordering (exothermic process) Core meltdown, graphite fire

Fission products were released into the environment contaminating and area of 700 km². Consumption of milk from grazing cows was forbidden. (In order to avoid ¹³¹I intake) Total emitted activity: 4.10¹⁶ Bq

https://www.youtube.com/watch?v=vZ4vtUzG6sQ

Nuclear accidents

1979 Three Mile Island (Middletown, USA) – LOCA: loss-of-coolant accident

Following multiple failure of valves and erroneous operator decisions active core was dried and partially melt down. Only volatile noble gases and radioiodine escaped. Contaminated water was released into Susquehanna river.

Total emitted radioactivity: 10¹⁵ Bq

http://www.world-nuclear.org/info/Safety-and-Security/Safety-of-Plants/Three-Mile-Island-accident/ Radiation Protection - Health Physics 2022 Spring semester

Nuclear accidents

1986 Chernobyl (Soviet Union, now Ukraine = Chornobil)

RBMK: water-cooled, graphite moderated reactor RIA: reactivity insertion accident

An experiment was performed in the operating reactor in the course of which emergency cooling pumps and emergency shutdown system were intentionally switched off. Owing to insufficient cooling reactor water got boiling and due to unsafe design (positive void coefficient) reactor power increased. Reactor became uncontrollable, shutdown efforts failed. Graphite fire and hydrogen explosions occurred.

Huge amount of radioactive material was released to an elevation of several km, thus the radioactive plume could spread over the whole Europe. Emission lasted for several days. 47 dead: operators, firemen, emergency responders.

Total emitted radioactivity: 2.10¹⁸ Bq

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Radiological accident

- Goiania (Brazil) 1987: accident from an uncontrolled radiation source
 - A 50 TBq ¹³⁷Cs source was left at an abandoned hospital department originally used for teletherapy. Scavengers found it and took to a waste dump where tried to disassemble it.
 - "Bright blue powder" it was distributed to friends.
 - 250 persons were overexposed, 50 persons showed serious radiation sickness, 4 dead because of damage to red bone marrow. (Maximum estimated dose was 5 Gy)
 - 7 houses were demolished, 3000 m³ radioactive waste was generated and disposed of.

https://www.youtube.com/watch?v=fh-VqehmgCQ Radiation Protection - Health Physics 2022 Spring semester Radioactive waste from radiological accident with an abandoned medical source: 1987, Goiânia (Brazil)

The following slides are shown from the courtesy of International Atomic Energy Agency.

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The Accident's History

On September 13, 1987, two scavengers entered the abandoned premises of a radiotherapy clinic in Goiânia and removed the rotating assembly of a ¹³⁷Cs radiotherapy device (Activity: 50.9 TBq). At the house of one of them, they managed to break open the shutter of the collimator orifice and were exposed to radiation.

The Accident's History

Five days later, the violated equipment was sold to a junkyard. During the next days, fragments of Cs were given to many persons and pieces of the equipment were sold to two other junkyards. Some people put fragments of Cs in pockets or rubbed them on the skin.

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The Accident's History

- During the next days, people developed prodromal manifestations of ARS (acute radiation syndrome) and local radiation injuries (CRS – cutaneous radiation syndrome).
- Manifestations were not recognised by local physicians as radiation induced ones.

The Identification of the Accident

- On September 28, 1987, the wife of the owner of the junkyard suspected the manifestations people were presenting were caused by exposure to "the object"
- She and another individual took it to the Secretary of Sanitary Surveillance of Goiânia

Misdiagnosis of injuries

The Immediate Medical Impact

Hospitalisation		ARS	CRS	Death toll	
20 (ARS/CRS/Contamination/ Association)		8	20	4	
Screened people					
112800	~15% of population				

ARS: acute radiation syndrome CRS: cutaneous radiation syndrome

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169 16

The Environmental Impact: Waste Generation of 3500 m³

- 1347 boxes;
- 4223 drums;
- 10 marine containers and
- 8 concrete drums;
- 7 houses demolished

Nuclear accidents

1999 Tokai-mura (Japán) – Criticality accident

At JCO reactor fuel plant three workers poured into a vessel <u>mistakenly</u> uranium solution enriched enough to reach criticality, so chain reaction started. Workers saw blue flashes then became very sick.

Radiation sickness (deterministic effect): 2 dead (gastrointestinal system destroyed), 1 survivor (lung damage)

Description of a "moderate" radiological event

Event date: 2010-04-20

Location/facility: Ohio State University, Columbus Ohio, USA

The potentially overexposed individual may have spent a significant amount of time visiting his fiancée who was receiving a temporary implant of ¹³⁷Cs and ¹⁹²Ir seeds via low dose-rate remote afterloader brachytherapy. The licensee instructed the patient's visitor to visit no longer than 2 hours and to stay behind the bedside shield during these visitations. On Tuesday, April 20, 2010, the Assistant Nurse Manager informed the licensee that the visitor claimed to have spent the night in the bed with the patient on two consecutive nights. A preliminary and conservative dose estimate for the visitor is 60 mSv whole body exposure, based on a 16-hour stay time (8 hours each night for two nights) and an estimated distance of 15.2 cm from the sources. Investigation of the event continues.

Fukushima 2011

- Loss of heat removal of shutdown reactor units and cooling ponds
- Accident was initiated by a tsunami following a huge (9.0 magnitude) "megathrust" earthquake
- NPP design deficiencies: too low protective wall against tsunami → lasting failure of heat removal → diesel generators were positioned to a low place
- NPP design benefits: effective containment
- INES scale = 7 = worst possible accident (?)

Fukushima - evaluations

United Nations Scientific Committee on the Effects of Atomic Radiation

31. Adults living in the city of Fukushima were estimated to have received, on average, an effective dose of about 4 mSv in the first year following the accident; estimated doses for 1-year-old infants were about twice as high.

UNSCEAR 2013 Report

Volume I

REPORT TO THE GENERAL ASSEMBLY

SCIENTIFIC ANNEX A: Levels and effects of radiation exposure due to the nuclear accident after the 2011 great east-Japan earthquake and tsunami Effective dose of the most affected population in the 1^{st} year was 4 - 8 mSv = 2 - 3times the natural background.

Fukushima 2011.

1 460 / 1380 BWR-3		
460 / 1380 BWR-3		
BWR-3		
BWR-3		
In Service -> Shutdown		
400		
Damaged (55%*1)		
Unknown		
Not Damaged (estimation)		
Not Functional		
Not Functional		
Severely Damaged (Hydrogen Explosion)		
Fuel exposed partially or fully		
Gradually increasing / Decreased a little after increasing over 400°C on Mar. 24th		
Decreased a little after increasing up to 0.4Mpa on Mar. 24th		
Continuing (Switch from seawater to freshwater)		
Feed water to fill up the CV (started 4/27)		
ection - Health Temporally stopped		

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